Today, greater than 40 million Americans are affected by sleep disorders\(^1\), yet most remain undiagnosed.

**Overview**

An employer group enlisted CareCentrix to address its growing concerns with sleep disorders. CareCentrix was able to bring high quality services to the home, lowering costs while improving clinical outcomes and patient satisfaction.

**THE CHALLENGE**

Sleep is crucial to our health and productivity, yet nearly 1 in 5 Americans suffer from a sleep disorder:

- **80\%** More than 80\% of patients with a sleep disorder are undiagnosed.\(^2\)
- **$2-4K** Patients with unmanaged sleep disorders incur two to four thousand dollars in incremental health care costs each year\(^3\)
- **70-80\%** 70-80\% of sleep tests are conducted in high cost, inconvenient sleep labs\(^4\)
- **50\%** Less than 50\% of patients who begin sleep therapy are adherent\(^5\)
Proven Results

<table>
<thead>
<tr>
<th>BEFORE CareCentrix</th>
<th>AFTER CareCentrix</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patients receiving home sleep testing</td>
<td>0%</td>
</tr>
<tr>
<td>Patients adherent on sleep therapy</td>
<td>50%</td>
</tr>
</tbody>
</table>

**Service Outcomes**

- $6.2M in savings over 3 years.\(^6\)
- 96% of patients reported satisfaction with sleep therapy

To learn more about HomeSleep, please visit www.carecentrix.com or call 888.839.5122.

**References:**

1. www.carecentrix.com (notes 44M), its source is "The National Sleep Foundation; http://www.sleepfoundation.org/article/sleep-topics/women-and-sleep
6 CareCentrix internal data, 2013 - 2015

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