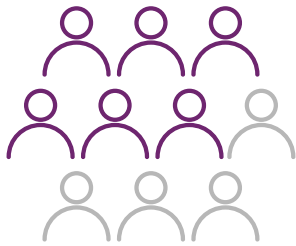


PALLIATIVE CARE AT HOME:

Closing Care Gaps, Engaging Members, Improving Outcomes

Addressing Care Gaps for Serious Illness is Surging



At least **12M** adults in the U.S. are living with a serious illness¹ and 6 in 10² are living with at least 1 chronic disease.



Between **5-12%**³ of those with serious illness are at-risk for avoidable suffering and emergency department and hospital utilization.



Caring for This Population Is Costly

5% of patients drive nearly **50%**⁴ of all health care spending are those with serious illness, especially older adults who require higher cost health services.

50% of a health plan's total medical costs⁵ are due to over-medicalized palliative care.

SDoH Gaps Connected to Serious Illness

The top 3 SDOH gaps identified for CareCentrix MA members:



Health Literacy



Food Insecurity



Financial Insecurity

80% of health outcomes⁶ are related to non-medical factors.

While Palliative is Often the Right Level of Care, Gaps Remain

Lack Of Awareness And Access

71%

of people⁸ have never heard of palliative care

38%

equate⁸ palliative care with hospice

18%

believe⁸ you must stop other treatments



60% of patients⁹ who would benefit from palliative care don't receive it



2/3 of Members with serious illness could be identified earlier upstream for palliative care⁷

Through Member Engagement, Home-Based Palliative Care Enables:



**Completion
of care goals**



**Advance
care planning**



**Closing
SDoH gaps**



**Caregiver
support**



**Medication
reconciliation**

The Move to Home-Based Palliative Care

Palliative care at home follows members through their journey. It can improve quality of care and satisfaction and reduces hospital utilization and costs.



67%

**of unnecessary
hospital visits¹⁰**
are reduced due to
proactive care and support.

30%

can graduate back to the health
plan's care management program
when care gaps are closed and
members become clinically-stable.⁷



Establishing Advance Care Plans supports earlier transition to hospice, improving the overall member experience and overall satisfaction.

How CareCentrix Can Help

Through early identification, whole-person care, and member engagement, our Home-Based Palliative Support solution drives better health outcomes and influences metrics tied to Star ratings to help MA Plans improve their performance.

- Broader targeting approach to reach more members
- Local area network to improve member access and speed to market
- Coordinate care with member's PCP to extend reach into the home

Contact CareCentrix Today

CareCentrix can provide the support payors and providers need to maximize patient satisfaction by moving home infusion therapy to the most cost-effective sites of care.

[carecentrix.com](https://www.carecentrix.com)

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1-888-839-5122

1. Silvers, A. (2020 July 2). Serious Illness: A High Priority for Accountable Care. The American Journal of Accountable Care®. 2. Centers for Disease Control and Prevention. (2022 December 13). Chronic Diseases in America. 3. Center to Advance Palliative Care. (2022). Serious Illness Strategies. 4. Ortaliza, J., McGough, M., Wager, E., Claxton, G., Amin, K. (2021 November 12). How do health expenditures vary across the population? Peterson-KFF Health System Tracker. 5. Yosick L, Crook RE, Gatto M, Maxwell TL, Duncan I, Ahmed T, Mackenzie A. (2019 April 5). Effects of a Population Health Community-Based Palliative Care Program on Cost and Utilization. Journal of Palliative Medicine. 6. National Center for Complementary and Integrative Health. (2021 May). Whole Person Health: What You Need To Know. 7. 2023 CareCentrix internal data. 8. Fliieger, S.P., Chui, K. & Koch-Weser, S. (2020). Lack of Awareness and Common Misconceptions About Palliative Care Among Adults: Insights from a National Survey. Journal of General Internal Medicine. 9. Compton-Phillips, A., Mohta, N.S., (2019 June 6). Care Redesign Survey: The Power of Palliative Care. NEJM Catalyst. 10. Elnadry, J. Home-Based Palliative Care Reduces Hospital Readmissions (S735) (2017 February). Journal of Pain and Symptom Management.